KIDS

WE LOVE SALT

HALO SALT ROOMS
breathe better. live better.

Is your child at **risk**?

Lung and skin related health concerns such as Asthma, Eczema and allergies have been consistently rising in New Zealand. Children tend to be more susceptible than adults to these kinds of conditions which can lead to more sick days off school, more doctors visit and increased use of antibiotics and steroids. One in six kiwis suffer from Asthma and About 20 per cent of the general population suffers from rhinitis. Of these people, about one third develops problems before the age of 10. Allergic rhinitis has been found to be an extremely common trigger for asthma in both children and adults. Allergic rhinitis can also exacerbate asthma, and it can make the diagnosis of asthma more difficult.

How salt therapy can help
Don't risk your child's health. Asthma, allergies and respiratory illness can be determinantal to children. Research conducted by Professor Chervinskaya in 2005, suggests that the cleansing effects of Halo Therapy may have reduced the number of days that primary school children were absent from school due to respiratory related conditions. Salt therapy can help

reduce inflammation, kill germs and bacteria and boost your child's immune system.

Is Salt therapy Safe for Children?
Salt therapy is completely safe for children aged six months and older.

What can salt therapy help in children

• Reduce the need for inhalers and antibiotics

• Increase resistance to respiratory tract diseases

• Increased oxygen to the lungs making
  breathing easier

• Strengthen the immune system

• Improve lung function

• Improve sleep patterns

• Reduce symptoms of allergies including sneezing,

• Improve general health and quality of life
  coughing and shortness of breath

• Clear mucus and sticky phlegm from the airways