

EAR INFECTIONS



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SALT

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Ear infections are painful!

An ear infection is a bacterial or viral infection that affects the middle ear. These are often painful due to inflammation and build-up of fluids in the middle ear.

How salt therapy can help

Salt therapy helps to reduce oedema in passages and cavities that are not immediately accessible to other treatments. Aerosolised particles are able to penetrate deep into the internal passage of the ear, reducing inflammation, oedema and bacteria. Salt therapy is perfectly safe and comfortable for children as well as adults and can reduce the recurrence of such infections.

Opening hours: Mon to Fri: 10am-7pm | Sat: 10am-5pm | Sun: 10am-4pm

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